

We bring calm, nature-based sessions directly into your nursery or school — fully planned, fully resourced and completely EYFS-aligned. You just watch your children thrive.

SESSION PRICING BY GROUP SIZE

Group size	Taster session	4-week block	6-week block
Up to 12 children	£75	£260	£360
Up to 20 children	£95	£340	£480
Up to 30 children	£120	£440	£630

Every session includes full EYFS documentation within 48 hours. All materials provided. Key workers remain present throughout.

WHAT'S INCLUDED IN EVERY SESSION

- ✓ We bring everything — all materials and equipment
- ✓ EYFS write-up sent within 48 hours of every session
- ✓ Natural materials only — soil, seeds, shells, pebbles, clay
- ✓ Photos shared after every session
- ✓ Take-home item for every child
- ✓ Adapted to your current topic or theme
- ✓ Outdoor or indoor — we work with your space
- ✓ Key workers stay and support throughout

OUR CREDENTIALS

£5m Public Liability

Morton Michel

Enhanced DBS

Child Workforce

EYFS Aligned

Fully documented







Level 3 TA Qualified

City of Sunderland College

Safeguarding Policy

In place

SESSION THEMES AVAILABLE

-  Planting & Growing
-  Mud Kitchen Magic
-  Wildflower Seed Balls
-  Leaf Printing & Nature Art
-  Water & Pebble Exploration
-  Seasonal Celebration

All themes are adaptable to your current curriculum topic. Bespoke sessions available on request.

DURATION
60 minutes

GROUP SIZE
Up to 30

AGES
12 months – 5 years

SETTING
Outdoor / Indoor

STAFF
Key workers stay

PREPARATION
None required

This plan is fully flexible — all activities are adapted to your session theme and the ages of the children in your setting. All materials provided. Session leader leads all activities; key workers assist throughout.







SESSION FLOW

Time	Activity	What happens
0–8 min	Arrival & Discovery Tray	Children arrive to a themed sensory discovery tray. Free exploration while everyone settles in at their own pace.
8–15 min	Guided Introduction	Short question-led discussion to spark curiosity around the session theme. Key vocabulary introduced through natural objects and open-ended questions.
15–42 min	Hands-on Activity	Child-led, sensory nature activity tailored to the session theme. Process-focused — children explore at their own pace. All materials provided and set up in advance.
42–50 min	Outdoor Exploration	Guided outdoor discovery of the setting's outdoor space. Children collect or observe one natural thing. Open-ended questions encourage curiosity and language development.
50–60 min	Story & Goodbye	Calm close to the session — story, song or reflection linked to the theme. Children recap what they noticed and discovered. Take-home resource shared with each child.

EYFS AREAS COVERED

Area	How addressed
C&L (Prime)	Vocabulary, predicting, describing, storytelling
PD (Prime)	Fine motor — handling, pouring, pressing, planting
PSED (Prime)	Focus, patience, pride, wonder, turn-taking
Understanding World	Living things, growth, seasons, natural materials
Mathematics	Counting, sorting, size, capacity
Literacy	Story structure, vocabulary, mark-making
Expressive Arts	Sensory exploration, creating, expressing

MATERIALS (ALL PROVIDED)

-  Natural materials relevant to the session theme
-  Themed sensory discovery tray
-  Groundsheets and protective coverings
-  Take-home resource for every child
-  Story or reference book
-  All setup and clear-down handled by us

Take-home: Every child receives a nature activity or resource linked to the session theme — so learning continues at home.

No preparation needed. Please ensure outdoor access where possible and children are dressed for sensory play. We handle all setup and clear-down completely.